MY INNER BEAUTY SHINES BRIGHTLY.

Like a beacon in the darkness, my inner beauty casts its illuminating glow throughout my world, lighting my path. Fueled by gratitude, generosity, positivity, and a passion for life, my beauty shines brighter each day as *I strive to use my God-given talents as a force for good.*

I feel gratitude for the good things in my life and *express my appreciation* throughout the day to those who would make my day a little brighter - to my spouse, my children, co-workers, and even the stranger on the street who opened a door for me.

I strive to be generous and share my blessings with others. Whether I share money with those less fortunate, the wisdom of my experiences with my children, or even a great joke I just thought of, *sharing* is a daily part of my life.

My positivity brings me motivation and enables me to seek solutions for challenges that arise on my journey. It gives me confidence and inspires hope for a wonderful future. My passion for life serves to enhance my inner beauty even more. *I think of life as a great adventure* and each morning when I awake, I look forward with excitement to the adventures of the day.

When I decide to do something, I do it full force! **No** wishy-washy, half-baked efforts for me!

Today, I intend to take action toward my goals with gusto and do what I can to bring a little more *good* to the world along the way.

SELF-REFLECTION QUESTIONS:

- Do I feel confident that my inner beauty shines out upon the world for all to see?
- 2. What special qualities make up my inner beauty?
- 3. How can I become more of a force for good?