

# I LOVE MY PARTNER EXACTLY AS THEY ARE.

Each person is unique and perfect in their own way. I love my partner just as they are, warts and all. **It is the imperfections that make people unique and special.** I choose to embrace all my partner's qualities.

Attempting to change others is futile. It is challenging enough to change myself. I am free of the need to change others. I respect each person's right to be as they choose to be. Life is much easier this way.

The more I judge others, the less happiness and peace I experience in my life.

My partner accepts me, and I accept my partner. We share a love for each other that is strong and true. My happiness grows with my acceptance. **I can measure my personal growth by my ability to practice acceptance.**

When I am unable to accept others, my level of happiness decreases.

**Giving my partner unconditional love and acceptance unlocks the greatest parts of life.**

My partner is already enough as they are. They are at their best when I accept and love them fully.

Today, I am reaffirming my love for my partner. I love my partner exactly as they are. My heart is filled with contentment and acceptance for my partner.

## **SELF-REFLECTION QUESTIONS:**

1. What do I love the most about my partner?
2. What are a few of my flaws? How would I feel if someone rejected me because of them?
3. How would my life change if I accepted my partner's flaws?